

**FREE  
LUNCH DAILY**

# West Ham United Foundation Healthy Hammers Programme 2020



**FOUNDATION**

**West Ham United Foundation in conjunction with Active Essex are offering **FREE** sport and health programmes for local residents aged 5-11.**

**Venue:** The Gateway Academy, Marshfoot Road, Tilbury, Essex, RM16 4LU

**Age Range:** 5 - 11

**Time:** 9:00am - 1:00pm

**Dates:** Monday 21st December to Wednesday 23rd December

Due to current government guidelines bookings can only be taken for the full duration of this programme



**For more information on this programme or to book please visit**

**<http://westhamunitedfoundation.eventbrite.com>**