



The Christus Catholic Trust

working in partnership for the benefit of the children and communities we serve

St. Mary's Catholic Primary School

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Respect Ourselves, Respect
Others, Respect our School,
Love God

Dear Parents and Carers,

Children displaying symptoms of Covid-19

We are writing to clarify the rules and recent guidance parents and carers must follow should their child display symptoms of Covid-19.

SYMPTOMS

- a high temperature; 37.8 or above
- or a new, continuous cough; persistent coughing for more than 1 hour
- or a loss or change to your sense of smell or taste

Should anyone in your household display these symptoms the whole household must immediately self-isolate.

At this time of year children are quite often ill with colds, tummy bugs or seasonal symptoms such as Hayfever which is to be expected especially as the children have not returned to school for some time.

If you are unsure whether your child has a cold, flu or the Coronavirus, please look at the link which is very helpful - <https://www.bbc.co.uk/news/health-54145299>

How long to self-isolate

- The person displaying symptoms or testing positive for coronavirus, will usually need to self-isolate for at least 10 days.

Other members of the household need to self-isolate for 14 days if;

- someone you live with has symptoms;
- someone you live with has tested positive;
- someone in your support bubble has symptoms or tested positive;
- you've been told to self-isolate by NHS Test and Trace.

In this situation the household may only end their self-isolation once the person displaying symptoms has had a negative test result for Covid-19 and no-one else is displaying symptoms.

When else to self-isolate

You must self-isolate immediately if you:

- have been tested positive for coronavirus – this means you have coronavirus;



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- live with someone who has symptoms or tested positive;
- have someone in your support bubble has symptoms or tested positive;
- have been told to self-isolate by NHS Test and Trace;
- arrive in the UK from a country with a high coronavirus risk – see GOV.UK.

Information for Adults

If you require an isolation note for your employer, please complete one online. If there is any doubt about the correct course of action, please seek advice from NHS 111.

Reporting Pupil Absences

When you are reporting the absence of your child either by telephoning the school or by sending a message via schoolcomms, please ensure you are clear about the reason for absence and who in the household has symptoms. Please note that leaving a message or telling us that your child is 'unwell' is not enough. We must be told the specific details why your child is not coming to school.

For the safety of our whole school community and their extended families, everyone is asked to follow these rules. To ensure we stay safe, please follow the Government Statement - 3 simple steps – *wash hands, cover face, make space*.

Yours sincerely,



Mrs M Jones
Headteacher