

# S† Mary's Catholic Primary School & Nursery

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**Respect Ourselves, Respect others, Respect our World, Love God**

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8<sup>th</sup> November 2022

Dear Parents/Carers,

Anti-Bullying Week is fast approaching (14<sup>th</sup> – 18<sup>th</sup> November) and this year the theme is **Reach Out..** Bullying has a long lasting effect on those who experience and witness it and we all have a part to play in coming together to make a difference.

During the week, the children will be taking part in activities during the school day. One of the key messages this year is to reach out to someone you trust if you need to talk. It is important for us all to be kind to each other and respect each others individuality – we are all unique. To this purpose we are joining with other schools around the country to take part in Odd Socks Day.

Last year over 13,000 schools took part in Odd Socks Day and this year we are joining other school across the country to celebrate Anti-Bullying Week in a fun and positive way. We are asking all children (and staff!) to **wear a pair of odd socks to school on Monday 14<sup>th</sup> November**. Please note that this is not a non-uniform day, the children will wear their school uniform on this day with a pair of odd socks or tights.

If you would like to find out more about Anti-Bullying Week or Odd Socks Day (including listening to the official Anti-Bullying Week charity single that has been recorded by Cbeebies/CBBC's Andy Day), please visit [www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk).

We really appreciate your support for this very important week. As can be seen in the Anti-Bullying Week manifesto for change, "If we challenge it, we can change it. And it starts by reaching out."

Kind regards

Mrs M Smith  
Deputy Headteacher