

## **St Mary's Catholic Primary School.**

### **Sports Premium 2020 2021**

St Mary's is committed to ensuring that all pupils lead happy and healthy lives. We acknowledge that Physical Education (PE), physical activity and sport promote good physical, emotional and mental health.

Our provision is rooted in the belief that giving children a 'positive experience of sport and physical activity at a young age can build a lifetime habit of participation.'

We agree with and support the government statement of intent that affirms:

*'Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement. '*

**(Govt. guidance PE and sport premium for primary schools)**

Our use of Sports Premium is to:

- develop or add to the PE, physical activity and sport that we provide
- build capacity and capability within our school to ensure that improvements made now will benefit pupils joining the school in future years

Secure improvements and to engage all pupils in regular physical activity. To do this we are guided by the following 5 key indicators:

- providing targeted activities or support to involve and encourage the least active children
- encouraging active play during break times and lunchtimes
- establishing, extending or funding attendance of school sport clubs and activities or broadening the variety offered
- adopting the Daily Mile initiative

- raising attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2 with the aim being that every child should leave primary school able to swim

We endeavour to ensure that the profile of PE and sport is raised across the school by:

- actively encouraging pupils to take on leadership roles that support the delivery of sport and physical activity within the school. (We have Sports Captains from Year 6 who work with the PE leader and coaches to ensure that Pupil Voice is heard in the planning and delivery of sporting activities.)
- embedding physical activity into the school day through encouraging active travel to and from school, active break times and holding active lessons and teaching.

We aim to increase confidence, knowledge and skills of all staff in teaching PE and sport, by:

- providing staff with professional development, mentoring, appropriate training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across our school.
- hiring qualified sports coaches and PE specialists to work alongside teachers to enhance or extend current opportunities offered to pupils. (We have hired a Sports coach 3 days a week to upskill and work alongside teachers.)

We aim to provide a broader experience of a range of sports and activities offered to all pupils by:

- introducing a new range of sports and physical activities (dance, fitness sessions and Paralympian sports) to encourage more pupils to take up sport and physical activities
- partnering with other schools to run sports and physical activities and clubs
- providing more and broadening the variety of extra-curricular activities after school.
- increasing and actively encouraging pupils' participation in more sport competitions or tournaments within the school and across the local area, including those run by sporting organisations

**Total amount of Sports Premium 2020 – 2021 funding received: £17, 810.**

Objective	Action	Funding/ cost	Outcomes	Sustainability
<ul style="list-style-type: none"> <li>To ensure that all pupils access at least 2 high quality PE sessions a week.</li> <li>To develop staff knowledge and skills of teaching PE.</li> </ul>	<ul style="list-style-type: none"> <li>Monitor year group timetables on a termly basis to ensure that number, length and content of PE session fits with DfE guidelines.</li> <li>Employ Specialist PE teacher to coach staff to widen understanding of how key skills can be taught.</li> </ul>	£6500	Provision will be equal and consistent across the year groups tailored to meet the needs of specific groups of pupils – health and fitness for all (including SEN). Staff will be upskilled and expand their knowledge base of teaching PE. Pupils will benefit from increased teacher expertise.	Continue to use funding to employ the coach – to be reviewed on an annual basis depending on funding.
<ul style="list-style-type: none"> <li>To develop Health and Fitness across the school through different physical activities.</li> </ul>	<ul style="list-style-type: none"> <li>Employ dance teacher especially targeting girls in order to raise self-esteem and participation in physical activity.</li> </ul>	£4370	Girls' willingness to take part in physical activity will increase. Self-esteem will rise as a result of positive messages set out via these sessions.	Feedback through pupil voice and questionnaires will support whether this is continued. To be reviewed on an annual basis depending on funding.
<ul style="list-style-type: none"> <li>To participate in local and district sporting events.</li> <li>To ensure that Sports day is held in a sporting venue suitable for competitive sport.</li> </ul>	<ul style="list-style-type: none"> <li>Sign up to Thurrock Schools Sports Partnership to take part in District sports.</li> <li>Sporting events to be held at local sports stadium (Blackshotts) hired especially for our school.</li> </ul>	£270	All pupils will be given the opportunity to participate against their peers in the locality.	Will continue depending on agreement with other local schools as to viability.
			Pupils have the opportunity to compete in sporting surroundings with correct equipment.	Annual event which will be continued.

<ul style="list-style-type: none"> <li>To encourage those children with a limited interest in PE, to gain an enjoyment again.</li> </ul>	<ul style="list-style-type: none"> <li>Buying in specialist equipment to deliver these activities</li> </ul>	£2500	All pupils to be given the opportunity to try out different sports, away from the traditional football, netball etc.	Equipment to be kept and used again each year.
<ul style="list-style-type: none"> <li>Additional swimming – for those unable to swim after National Curriculum lessons - importance of being able to swim and to remain safe whilst swimming.</li> </ul>	<ul style="list-style-type: none"> <li>Book teaching sessions at Blackshotts, alongside coach hire to take the children to.</li> </ul>	£4170	KS2 children will be given the opportunity to learn how to swim and to learn important lifesaving skills.	Will be reviewed according to DFE guidance.
		£17,810		