

Action Songs



Main purpose: To develop children's awareness of sounds and rhythms using body percussion

NOTE-Body percussion means making sounds with your body, like clapping, tapping, foot stamping.

Choose a rhyme that you both know, such as Humpty Dumpty. Add a different body percussion to each line, such as clapping for the first line, stamping for the second, tapping head for the third and patting cheeks for the last line. Do the sounds in time to the beat of the rhyme. Encourage them to know when to add the sounds and to keep in time with the beat. Try it with other rhymes and different body percussion. Can you child make up their own sounds for you to copy?